

# Meet your local Wesley Nurse

A Wesley Nurse is a faith-based community nurse who uses a holistic approach - mind, body and spirit - to help the community in many ways, such as **free** services that encourage a healthy lifestyle to all members of the community.

The Wesley Nurse program spans more than 80 sites throughout South Texas and is Methodist Healthcare Ministries' largest geographic outreach program.

While the Wesley Nurse program is a component of Methodist Healthcare Ministries' ecumenical outreach and is located within churches, it does not teach a set of denominational beliefs. Services are offered to groups or on an individual basis.

## Programs and services include:

- Health education
- Individualized diabetes education
- Diabetic supplies
- Referral assistance
- Facilitation of resources
- Wellness classes

## For more information:

Call (800) 959-6673 or visit [www.mhm.org/map](http://www.mhm.org/map).



"Serving Humanity to Honor God"  
1-800-959-6673 • [www.mhm.org](http://www.mhm.org)

Methodist Healthcare Ministries of South Texas, Inc. is a private, not-for-profit organization dedicated to creating access to health care for the uninsured through direct services, community partnerships and strategic grant-making in 74 counties across South Texas.

