



Methodist
Healthcare
Ministries

OF SOUTH TEXAS, INC.

"Serving Humanity to Honor God"

2021 Year-End Community Investments Report

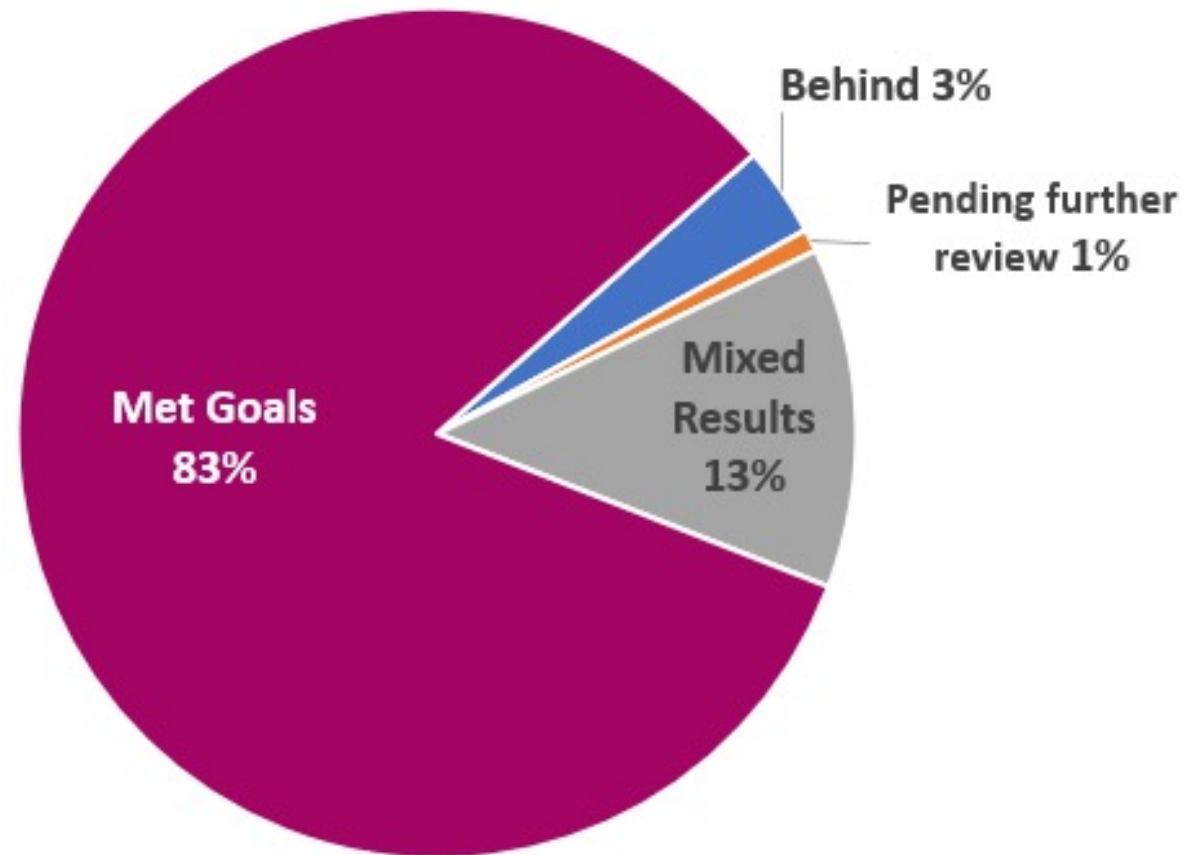
February 14, 2022

2021 Funded Partners Year-End Report

COMMUNITY INVESTMENTS

Overall Program Goal Performance

Majority of Funded Partners Met Program Goals



116 Grants

- **Behind:** Due to staffing shortages
- **Mixed:** COVID challenges
- **Pending:** Further clarification needed

Collaborations

"Atascosa Health Center (AHC), Inc. works very closely with our amazing Wesley Nurses, who help connect our patients to further resources that AHC does not provide (i.e., food pantries, funding for specialty doctors, funding for scans, etc.)." Atascosa Health Center, Inc.

Program Improvements

Strengthened and modified programming to meet demand, resulting in stronger program delivery methods.

Hybrid Service Model

Adopted both in-person and telehealth services model, supporting alternate ways to receive services, impacting transportation limitations.

Increased Behavioral Health Services

"In 2021, a fourth counselor was hired, and an additional therapy location opened in Hidalgo County. These counselors have performed at an intense pace increasing capacity and outreach expansion while facilitating healing for children and caregivers.." Children's Bereavement Center – Rio Grande Valley

In-Person Programming Resumes

Set safety protocols in place to allow for in-person services to continue, allowing organizations to remain open.

Successes

Data Collection

Lack of consistent in-person services for many organizations resulted in data collection challenges, such as HbA1c readings and inability to obtain post-tests.

Limited Programming Due to Pandemic

Depending on program services and delivery options, many organizations struggled to deliver some aspects of programming successfully.

Tele-/Virtual Services

"...some patients had difficulties getting cell phone reception due to their location, or were unfamiliar with using the technology needed to conduct a telehealth visit with video." Ascension De Paul, La Mision Clinic

Staff Shortage/Retention

Staffing market unstable due to CV19, including pandemic sickness affecting current staff attendance, volunteer attendance, and retaining overall staff.

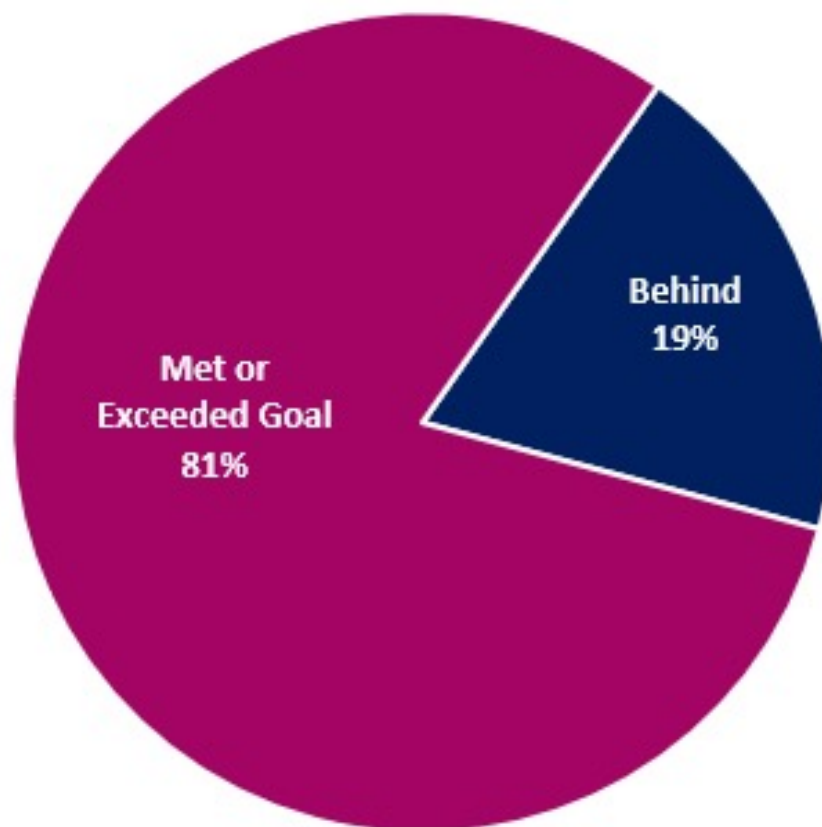
Increased Demand for Behavioral Health Services

"Jewish Family Service continues to see an influx of new clients during this time who have reached out for help. The presenting issues of new clients during the COVID crisis have often been very acute, presenting with significant mental health needs and in a state of crisis." Jewish Family Service

Challenges

Overall Patient Outcome Goal Performance

Percent of Grants Achieving Goal



72 Grants Tracked Patient Health Outcomes

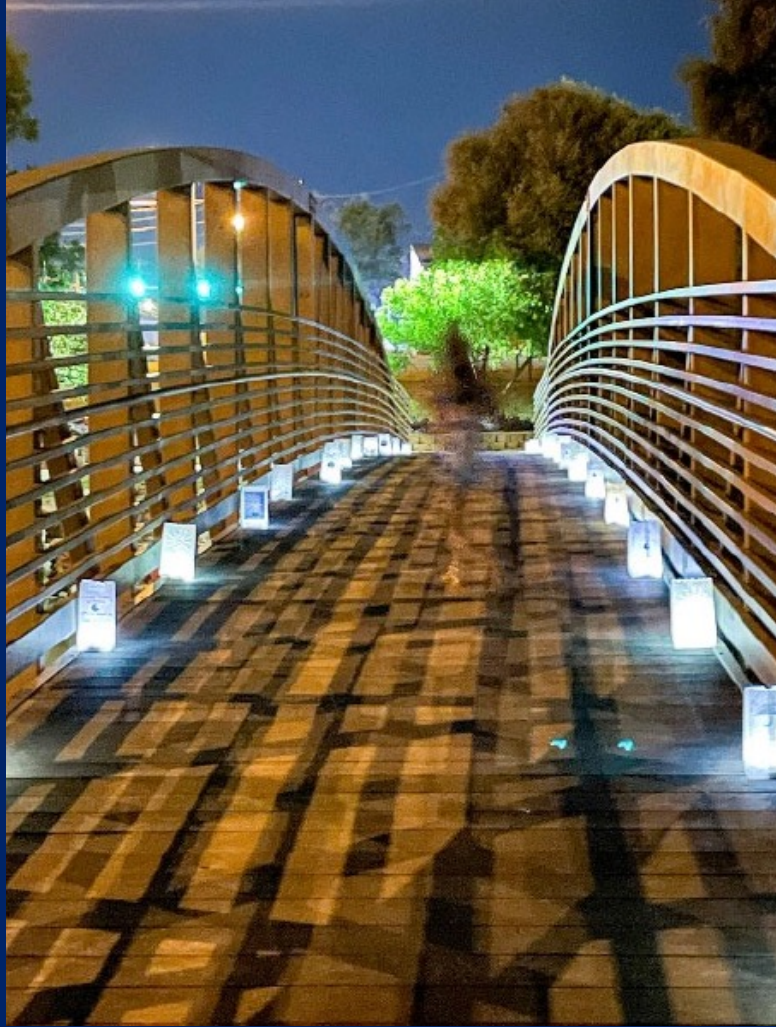
- Behind: COVID related
 - Patients scared to go into clinic
 - Unhealthy behaviors (*stress eating, lack of exercise, poor diet*)
 - Services and programs disrupted

Impact on Diabetes Prevention and Management

19 grants tracked client outcomes related to diabetes prevention and management

- **84%** grants met or exceeded client outcome goals
 - e.g., HbA1c control, decreased HbA1c, follow-up care
- At least **7,329** patients with diabetes kept their HbA1c under better control.
- Better diabetes control reduces complications such as amputations and kidney disease.





Impact: Depression Management

14 grants tracked patients with depression

- **79%** grants met or exceeded client outcome goals.
 - e.g., Referral to behavioral health provider, improvement in PHQ-9 score, depression remission
- **2,098** patients with depression were in remission by the end of 2021.
- Depression remission was supported through programs where warm hand-offs, evidenced-based therapies, and telehealth were common.



Impact: Youth Mental Health

18 grants tracked youth mental health outcomes

- **83%** grants met or exceeded patient outcome goals.
 - e.g., Decreased disruptive behavior at school, families demonstrated improved functioning, improved overall functioning
- **5,166** youth were tracked for improvement in their mental health conditions.
- Programs often included treatment of the individual and family unit, assessment tools, and a variety of evidence-based practices.

Left picture: ChildSafe's Adventure Therapy Program

Upstream Investments Highlights

Family Independence Initiative - UpTogether

Through intentional social support connections, participants create goals plans to address SDOH needs, such as economic mobility, housing security and education and/or career goals. Programming utilizes a strengths-based model to impact family change. Project results will be used to impact policy changes needed for increased family stability.

TIC Certification Program - Ecumenical Center

Project has systematically trained cross-sector organizations through levels of **Trauma-Informed Care** (TIC) training, providing consistency and alignment for over 20 organizations in Bexar County.

Unidos Contra Diabetes (UCD)

Strategic planning for 2022 completed, resulting in deeper data impact, increased cross-sector partnership participation, and focused policy strategies to systematically impact **diabetes prevention** strategies across **the Rio Grande Valley**.

Upstream Investments Highlights

La Union del Pueblo Entero (LUPE)

- Funding will support colonia residents working in partnership and coordination to improve their neighborhoods and create a place where individuals and families can thrive. La Union del Pueblo Entero (LUPE) Community Organizers guide residents by providing leadership development and strategic direction. LUPE works toward a future where all colonias in the Rio Grande Valley have streetlights, flooding protection, access to parks, quality homes, broadband internet access, and the ability to walk or bike to places. LUPE will utilize the house meeting approach to build healthy communities, educating and empowering community residents about how improving infrastructure in their neighborhood directly impacts individual, family and community health, well-being and quality of life. This is accomplished through needs assessments, community campaigns to increase awareness, and safety and built environment needs.
- Works alongside residents to address root causes and improve infrastructure and health of communities.
- The grant is helping create a framework and plan that can lead to neighborhood improvements and be a model for other colonia communities. The plan will be used to talk to county officials and advocate for needed improvements.
- This grant is empowering communities to address vital community conditions. It's improving the built environment and also strengthening resident leadership

San Antonio Food Bank

- Actively fights hunger through programs, advocacy, partnerships
- Works with state and national colleagues to educate public officials in their 29 county service area about the impact of food insecurity in communities and to identify policy solutions to help put families on the road to health. Mobilizing state and federal lawmakers to support legislative solutions for hunger relief is a critical part of their work.
- Works across SDOH: Not only provides food assistance but works on job assistance, benefits assistance, housing
- Taking away hunger and now tackling a need for housing, the San Antonio Food Bank will become the first food bank in the nation to also provide affordable housing in New Braunfels. The partnership with the New Braunfels Food bank will provide transitional housing for working families who are income constrained (this is the MOA request Jane is leading)
- Mobile Mercado – brings food and nutrition to food deserts including rural areas

Supporting Community Partners

Grant Seeking Technical Assistance Co-Investing Relationship Building

COMMUNITY INVESTMENTS - CAPACITY BUILDING

2021 Capacity Building Highlights

Provided **45 organizations** capacity building expertise:

- Assisted **West Texas Counseling & Guidance** to receive a federal grant by helping with grant writing and review.
- Assisted Hope for Health Collaborative (Kerrville BUILD Health project) to leverage their BUILD award to **attract other grants totaling more than \$1M.**
- Vetted **683** funding opportunities and foundation prospects.

The **BUILD** **HEALTH** Challenge

Improving health
through innovative
collaborations that are
Bold, Upstream,
Integrated, Local, and
Data-Driven

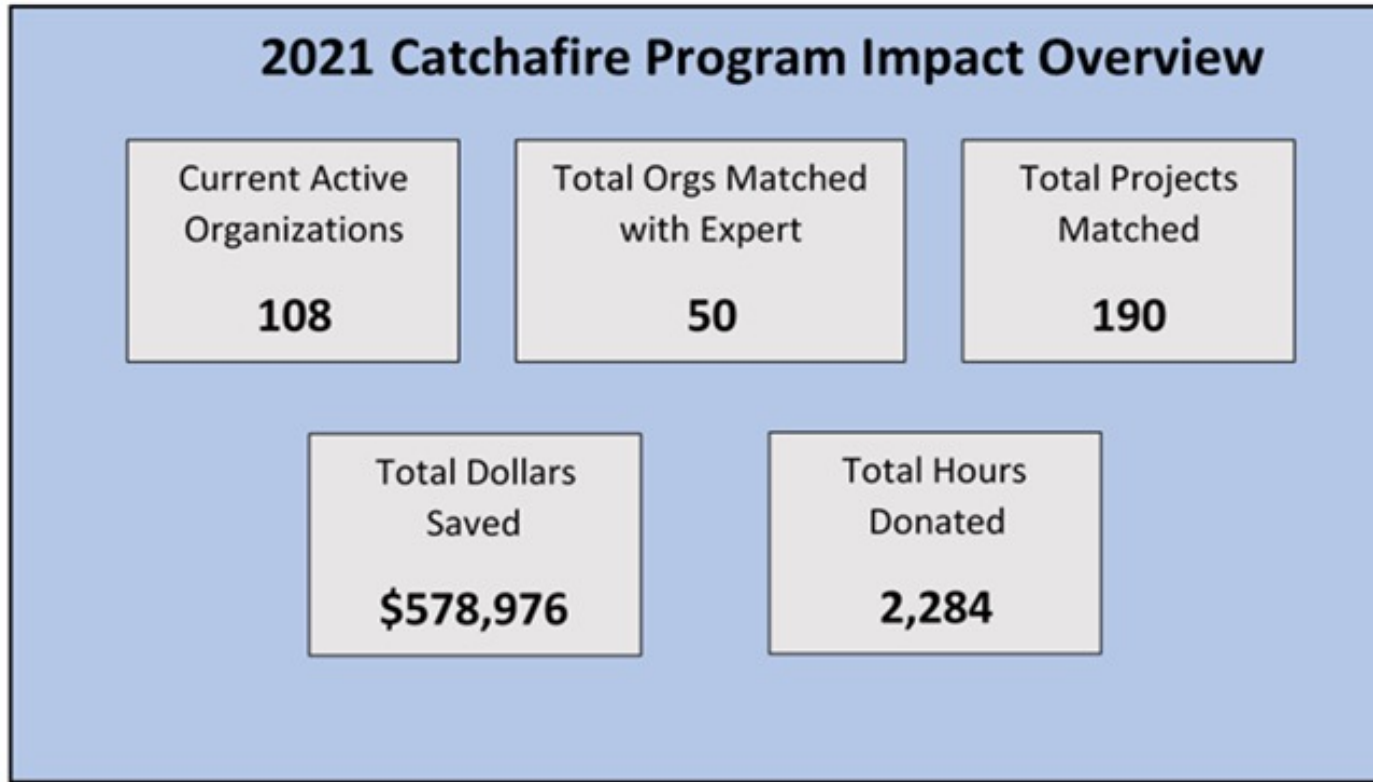
BUILD Health Challenge Grant

•2021 Highlights

- Leveraged BUILD award to attract other grant awards totaling more than **\$1M** for Doyle Neighborhood (Kerrville) BUILD project.
- Improvements in community conditions:
 - New jobs for residents
 - On-site health care services established
 - Community garden
 - New sidewalks
 - Partnership with SA Food Bank
- "Citizen of the Year"
awarded to Doyle resident by Kerrville Chamber of Commerce.
- Grand re-opening of remodeled Doyle Community Center celebrated in September.

Capacity Building

Catchafire Program



- **108** organizations sponsored by MHM and five other co-investors.
- **2,824** hours contributed by professional volunteers valued at **\$578,976** in services rendered.
 - **419** hours received by MHM's funded partners valued at **\$104,141** – a **420% ROI** (gained from the \$20,000 MHM contribution).

Strategic Opportunity Fund Grantees (managed by Community Investments)

Memorandum of Agreements (MOAs)

COMMUNITY INVESTMENTS

Strategic Opportunity Fund, MOA Snapshot

Project	Organization	Amount	Location	Outcomes
Edgewood Connected Beyond the Classroom Demonstration Project	City Education Partners (Infrastructure)	\$100,000	Bexar	<ul style="list-style-type: none"> Created Private Wireless Network for Edgewood Project
Edgewood Connected Beyond the Classroom Demonstration Project	HRMAC San Antonio (Outreach)	\$35,000	Bexar	<ul style="list-style-type: none"> Hired 2 parents to support outreach activities Vetting 60 families for project eligibility for free internet service
Edgewood Connected Beyond the Classroom Demonstration Project	Texas A&M University-San Antonio (Evaluation & Digital Inclusion Scholars/Help Desk)	\$150,000	Bexar	<ul style="list-style-type: none"> Developed Help Desk curriculum for university and high school students Analyzed data from over 16,000 surveys for project evaluation
Edgewood Connected Beyond the Classroom Demonstration Project	Rise Recovery (Tele-mental health)	\$150,000	Bexar	<ul style="list-style-type: none"> Creating tele-mental/behavioral health component for the Edgewood Connected Beyond the Classroom Project
San Antonio Mobile Mental Wellness Collaborative Backbone Formation	Meadows Mental Health Policy Institute	\$558,345	Bexar	<ul style="list-style-type: none"> Implemented at 3 school districts (including Edgewood ISD) Projecting to serve 6,000 – 8,000 clients this year
BTX Broadband Connectivity Initiative	City of Brownsville	\$75,000	Cameron	<ul style="list-style-type: none"> Expanded partnerships with UTHealth, the Brownsville Chamber of Commerce, and Gladys Porter Zoo Created a telehealth assessment and plan for the city