

# METHODIST HEALTHCARE MINISTRIES

IMPROVING THE PHYSICAL,  
MENTAL AND SPIRITUAL HEALTH  
OF THOSE LEAST SERVED

Methodist Healthcare Ministries of South Texas, Inc. is a private, faith-based, not-for-profit organization dedicated to creating access to health care for the uninsured in South Texas through direct care services, community partnerships and strategic grant-making. Direct care includes primary care medical and dental services, support services like counseling, case management and social services, and recreation and enrichment, parenting programs and church-based community nursing programs.

Methodist Healthcare Ministries provides financial support through grant-making to organizations that are already effectively fulfilling the needs of the underserved in local communities through programs and services that they already operate.

Methodist Healthcare Ministries also works with similarly focused organizations and state government in developing more socially conscious public policy. The purpose is to change legislative perspectives and policies so that the root of the problems of the underserved is addressed for the long-term.

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*"Serving Humanity to Honor God"*

# SÍ TEXAS PROJECT:

## SOCIAL INNOVATION FOR A HEALTHY SOUTH TEXAS

Methodist Healthcare Ministries' Sí Texas: Social Innovation for a Healthy South Texas project, a Social Innovation Fund program, stimulates local solutions that improve both physical and behavioral health together, such as diabetes and depression.

Sí Texas focuses on integrated behavioral health models that are effectively improving health outcomes in communities with high rates of poverty, depression, diabetes, obesity and associated risk factors. The project targets twelve South Texas counties: Cameron, Hidalgo, Starr, Willacy, Kenedy, Brooks, Jim Hogg, Zapata, Duval, Jim Wells, Kleberg and Webb. The project is the result of an investment from the Social Innovation Fund of the Corporation for National and Community Service, and leverages both federal and non-federal dollars to South Texas that otherwise would not have been available to the region.



The Social Innovation Fund (SIF) combines public and private resources to grow the impact of innovative, community-based solutions that have compelling evidence of improving the lives of people in low-income communities throughout the United States. The SIF invests in three priority areas: economic opportunity, healthy futures, and youth development. To learn more, visit [nationalservice.gov/SIF](http://nationalservice.gov/SIF).

**Corporation for NATIONAL & COMMUNITY SERVICE** The Corporation for National and Community Service is a federal agency that engages more than 5 million Americans in service and champions community solutions through its AmeriCorps, Senior Corps, Social Innovation Fund and Volunteer General Fund programs, and leads the president's national call to service initiative, United We Serve. For more information, visit [NationalService.gov](http://NationalService.gov).



Texas A&M International University (TAMIU) will implement, through the Sí Texas Project, an integrated behavioral health model called Juntos for Better Health in Webb, Zapata and Jim Hogg counties. Juntos for Better Health is the first fully-coordinated health care delivery system comprised of among multiple community service providers in Laredo, and is based on the Dartmouth Prevention Care Management Unit model which places empowerment of clients and communities at the core. The goal is to develop a coordinated and integrated health care delivery network to improve the health of the community. The Juntos for Better Health model provides a continuum of care for those with obesity, diabetes and depression using a prevention focus to increase compliance; traveling teams and additional personnel to increase health care capacity; a shared system of resources; and improving knowledge of illnesses.

