

METHODIST HEALTHCARE MINISTRIES

IMPROVING THE PHYSICAL,
MENTAL AND SPIRITUAL HEALTH
OF THOSE LEAST SERVED

Methodist Healthcare Ministries of South Texas, Inc. is a private, faith-based, not-for-profit organization dedicated to creating access to health care for the uninsured in South Texas through direct care services, community partnerships and strategic grant-making. Direct care includes primary care medical and dental services, support services like counseling, case management and social services, and recreation and enrichment, parenting programs and church-based community nursing programs.

Methodist Healthcare Ministries provides financial support through grant-making to organizations that are already effectively fulfilling the needs of the underserved in local communities through programs and services that they already operate.

Methodist Healthcare Ministries also works with similarly focused organizations and state government in developing more socially conscious public policy. The purpose is to change legislative perspectives and policies so that the root of the problems of the underserved is addressed for the long-term.

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"Serving Humanity to Honor God"

SÍ TEXAS PROJECT:

SOCIAL INNOVATION FOR A HEALTHY SOUTH TEXAS

Methodist Healthcare Ministries' Sí Texas: Social Innovation for a Healthy South Texas project, a Social Innovation Fund program, stimulates local solutions that improve both physical and behavioral health together, such as diabetes and depression.

Sí Texas focuses on integrated behavioral health models that are effectively improving health outcomes in communities with high rates of poverty, depression, diabetes, obesity and associated risk factors. The project targets twelve South Texas counties: Cameron, Hidalgo, Starr, Willacy, Kenedy, Brooks, Jim Hogg, Zapata, Duval, Jim Wells, Kleberg and Webb. The project is the result of an investment from the Social Innovation Fund of the Corporation for National and Community Service, and leverages both federal and non-federal dollars to South Texas that otherwise would not have been available to the region.



The Social Innovation Fund (SIF) combines public and private resources to grow the impact of innovative,

community-based solutions that have compelling evidence of improving the lives of people in low-income communities throughout the United States. The SIF invests in three priority areas: economic opportunity, healthy futures, and youth development. To learn more, visit nationalservice.gov/SIF.

Corporation for NATIONAL & COMMUNITY SERVICE The Corporation for National and Community Service is a federal agency that engages more than 5 million Americans in service and champions community solutions through its AmeriCorps, Senior Corps, Social Innovation Fund and Volunteer General Fund programs, and leads the president's national call to service initiative, United We Serve. For more information, visit NationalService.gov.



Nuestra Clinica del Valle provides quality health care services to residents in the Rio Grande Valley. Nuestra Clinica del Valle serves Hidalgo and Starr counties with 11 locations, including two school-based clinics to treat and care for children. Nuestra Clinica del Valle offers comprehensive medical services including family medicine, internal medicine, pediatrics, obstetrics and gynecology, laboratory, radiology, nutrition, behavioral health and dental. Through the Sí Texas Project, Nuestra Clinica del Valle will implement an integrated behavioral health model called NuCare based on the collaborative care model at four of their primary care clinics. A hallmark of the model is that patients are not referred to services, but the services come to them. The model includes a 'warm hand-off' from the primary care provider to a mental health provider for an immediate, brief mental health intervention, and warm hand-offs for health education and nutrition services.

