

KINNEY COUNTY POST

The Good News Newspaper

Tigerette Volleyball Camp – See page 8

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Camp Fit – Methodist Healthcare Ministries



Camp Fit is a program of Methodist Healthcare Ministries of South Texas. Every year a rural area is chosen to be the host of the camp.

Children learn about health and nutrition, and do fun and interesting activities while participating in the camp. Please see page 8.

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Camp Fit – Methodist Healthcare Ministries



On July 12, 2011, Get Fit students made a trip to Kickapoo Cavern State Park. The children enjoyed a fun day of hiking and birdwatching. The camp, which began June 27th, focuses on educating the students on the importance of eating right and continuing a healthy, balanced lifestyle. The students take at least 1 field trip a week, and on regular days they enjoy fun packed days of nutrition lessons and games.