

Westberg Symposium 2016 Pre-Conference

Building Resilience: Planning, Starting, and Growing Faith Community Nurse Health Ministry From an Asset-Based Perspective



"Serving Humanity to Honor God"

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“For you were called to freedom, brethren, only do not turn your freedom into an opportunity for the flesh, but through love serve one another. For the whole Law is fulfilled in one word, in the statement, YOU SHALL LOVE YOUR NEIGHBOR AS YOURSELF.”

Galatians 5: 13-14



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OBJECTIVES

1. Discuss faith community nurse (FCN) practice from a historical standpoint
2. Describe standard requirements to start a FCN practice
3. Identify components of asset-based mapping in relation to faith community nursing
4. List strategies to apply **Asset-Based Community Development** mapping to individual FCN practice

OBJECTIVES

1. Discuss (FCN)

faith community nurse

**practice from a historical
standpoint**

Granger Westberg



The International Parish Nurse Resource Center

1985 — Parish Nurse Resource Center in Chicago

2002 — International Parish Nurse Resource Center (IPNRC) moves to the Deaconess Foundation in St. Louis

2011 — IPNRC becomes a ministry of Church Health Center



INTERNATIONAL PARISH NURSE RESOURCE CENTER
FAITH COMMUNITY NURSES

Work of the IPNRC

• Education

- Foundations of Faith Community Nursing
- Faculty Prep
- Coordinators Course
- Continuing Education

• Networking/communication

- FCN Friends
- Westberg Institute Platform
- E Notes and other newsletters
- One-to-one support and mentoring
- Westberg Symposium & regional events

Work of the IPNRC

• Resources

- For developing FCN practice
- For FCN use: wellness/community and congregations
- For spiritual care
- For Continuing Education

• Research

- FCN practice
- Research support including students
- Availability to the practicing FCN
- Best-Practice, Position Statements

Key Term:

Faith Community Nurse

A registered professional nurse who is actively licensed in a given state and who promotes health as wholeness in communities and organizations of faith; its groups, families, and individual members as well as the surrounding community

Key Term: Wholistic Care

Based on an understanding that a healthcare consumer is an interconnected unity of physical, mental, social, environmental, and spiritual factors

Key Term:

Faith Community Nursing

The specialized practice of professional nursing that focuses on the intentional care of the spirit as well as the promotion of wholistic health

Key Term: Faith Community Nursing: Scope and Standards of Practice

In addition to the S&S for Nursing Practice it describes the unique scope of knowledge and professionalism for the specialty practice of faith community nursing

Models of Practice

- Unpaid ----- Paid
- Full time-----Part time
- Based in a Hospital
Faith community
Organization
- Single-----Team
- RN only-----mixed
- Other

FCN Preparation and Education

- **Additional education above the generalized education on spiritual care that is provided to all professional nurses as students**
- **Completion of a Foundations of Faith Community Nursing course or equivalent**
- **Must be actively licensed registered nurses in the state in which they practice**
- **Ongoing continuing education encouraged**

FCN Preparation and Education (continued)

Faith community nursing practice is regulated by:

- ANA's Scope and Standards of Practice for both registered nurses and faith community nurses**
- Nursing Practice Act of the state in which the nurse practices**
- Nursing code of ethics**
- Policies established by the faith community/organization served**

OBJECTIVE 2

**Describe standard
requirements to start
a FCN practice**

Job Descriptions

Policy & Procedure

Documentation

Liability

Boundaries

OBJECTIVES

3. Identify components of asset-based mapping in relation to faith community nursing

4. List strategies to apply **A**sset-**B**ased **C**ommunity **D**evelopment mapping to individual FCN practice

What is health?

Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.

(World Health Organization, 1946)

What impacts health?



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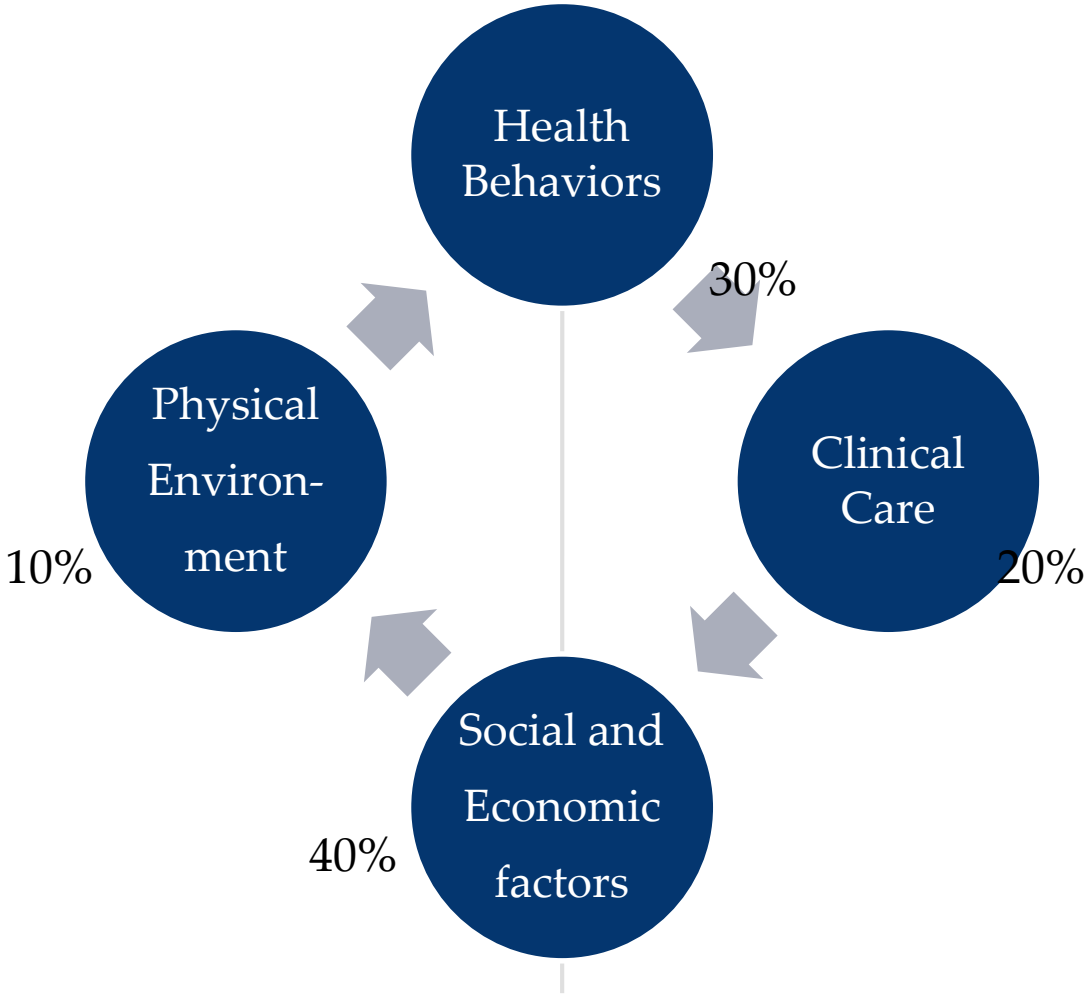
Social Determinants of Health

What do the experts say?

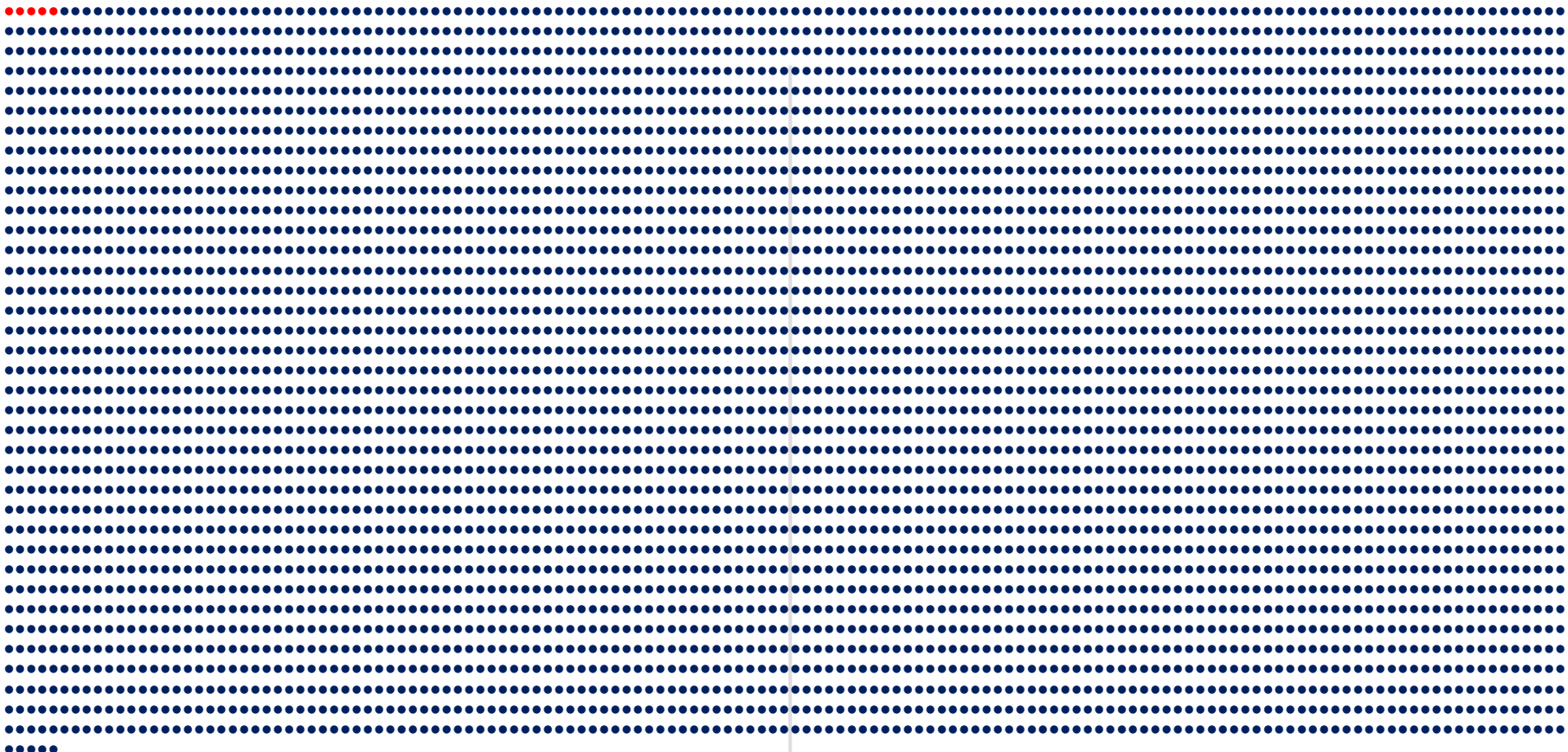
- The social determinants of health are the conditions in which people are born, grow, live, work and age. (WHO, 2016)
- Long before we need medical care, our foundation for health begins in our homes, schools, jobs and neighborhoods. For everyone in our nation to have an equal opportunity for good health, more attention must be focused on the social and economic factors that most affect health where we live, learn, work and play. (RWJF, 2016)
- The range of personal, social, economic, and environmental factors that influence health status are known as determinants of health. (Healthy People 2020, 2015)



Social Determinants of Health



Social Determinants of Health



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Why does this matter to Faith Community Nursing?

FCN Scope and Standards of Practice (ANA and HMA, 2010)

- Our practice setting is outside of the traditional medical model, embedded in the community
- “The principles of wholistic health arose from the understanding that human beings strive for wholeness in their relationship to God or higher power, themselves, their families, the society, and the environment in which they live.” (p 7)
- In every Standard, there is a reference to the FCN being knowledgeable of local resources, understanding the community – to include the patient and their family.



What is Community

- a group of people living in the same place or having a particular characteristic in common
- a group of people living together in one place, especially one practicing common ownership
- a particular area or place considered together with its inhabitants; a body of nations or states unified by common interests
- the people of a district or country considered collectively, especially in the context of social values and responsibilities; society
- denoting a worker or resource designed to serve the people of a particular area
- a feeling of fellowship with others, as a result of sharing common attitudes, interests, and goals; a similarity or identity
- joint ownership or liability
- a group of interdependent organisms of different species growing or living together in a specified habitat (Oxford Dictionaries, 2016)

Community

- What community (or communities) do you work in as a faith community nurse?
 - Faith Community, FCN network, local communities

Community

- As a nurse, how do you assess your community?
 - Needs
 - Strengths
 - “Identifies strengths that enhance health and spiritual well-being” (ANA and HMA, 2010, p 21)
 - “Nurses whose practice is strengths based, on the other hand, seek capacities, competencies, and skills that patients and their families might use for recovery, survival, growing, and in many cases, thriving.” (Gottlieb, 2014 p 25)

A Parable

Stone Soup



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A Parable

- What was the condition of the village when the soldier arrived?
- What did the soldier contribute to the soup?
- What did the villagers contribute?

Community Assessment

- Asset Based Approaches (Kramer 2012)
 - Asset-Based Community Development (ABCD);
 - Participatory Inquiry into Religious Health Assets, Networks and Agency (PIRHANA);
 - Community Health Assets Mapping for Partnerships (CHAMP);
 - Sustainable Livelihoods Approach (SLA);
 - Planning for Real®;
 - Geographic Information Systems (GIS)

Asset Based Community Development

A movement that considers local assets as the primary building blocks of sustainable community development. Building on the skills of local residents, the power of local associations, and the supportive functions of local institutions, asset-based community development draws upon existing community strengths to build stronger, more sustainable communities for the future.

(Green, Moore, O'Brien, 2011)



Asset Based Community Development Building Blocks

- Primary building block – The people
- Secondary building block – Associations, local institutions
- Tertiary building block – Assets to which the community does not yet have access.

What are Community Assets ?

5 Assets in a Community (Pan, Littlefield, Valladolid, Tapping, West, 2005)

- Individuals – most important
- Institutions
- Associations
- Potential Development Sites
- Unused land

Community Based Assets

- Individual

- Only discover the assets of people you know
- Inventory assessments
- Head, hand and heart exercise

- Community

- Asset Map
- Literal or symbolic



Capacity Inventory of Individuals

Head, Hand and Heart exercise

- Head – what do you know? The knowledge that they have that can contribute to the good of the community
 - Examples – Nursing, Farming, Childcare
- Hand – what can you do? What skills do you have that you can utilize to help others?
 - Examples – Cooking, Gardening, Woodworking, Typing
- Heart – what are you passionate about? What energizes and excites you?
 - Examples – Safe community, Children being cared for, mentoring young families, gardening

Capacity Inventory of Individuals

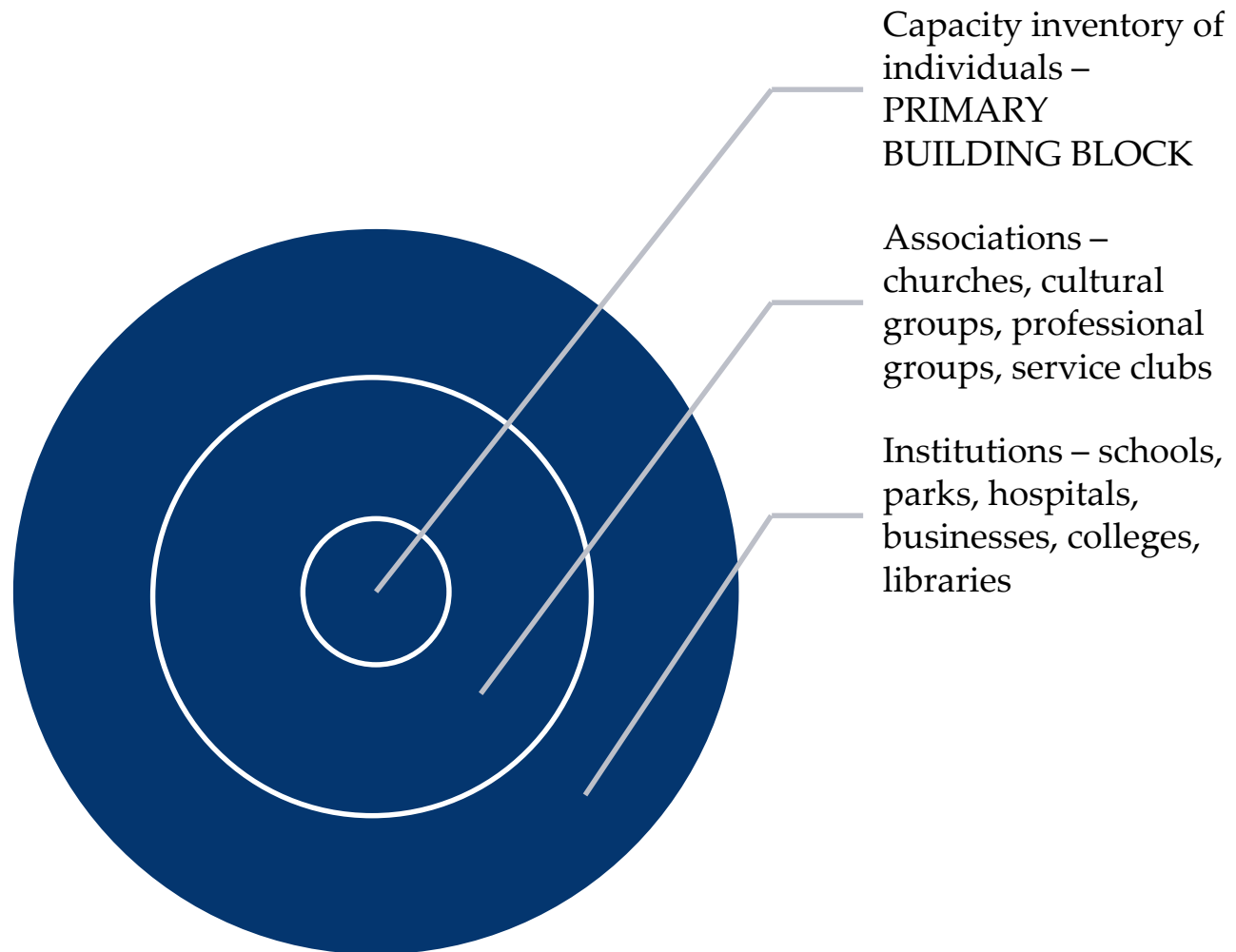
- **Office**
- Typing (words per minute) _____
- Operating Adding Machine/Calculator _____
- Filing Alphabetically/Numerically _____
- Taking Phone Messages _____
- Writing Business Letters (not typing) _____
- Receiving Phone Orders _____
- Operating Switchboard _____
- Keeping Track of Supplies _____
- Shorthand or Speedwriting _____
- Bookkeeping _____
- Entering Information into Computer _____
- Word Processing _____



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Reprinted with permission of John P. Kretzmann and John L. McKnight, pp. 19-25, from Building Communities from the Inside Out: A Path Toward Finding and Mobilizing a Community's Assets, Evanston, IL: Institute for Policy Research (1993).

Capacity Inventory of Community

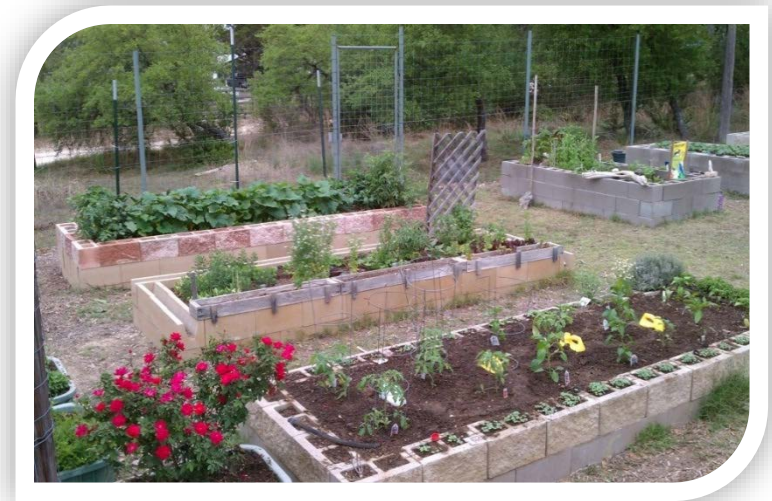


Capacity Inventory of Community

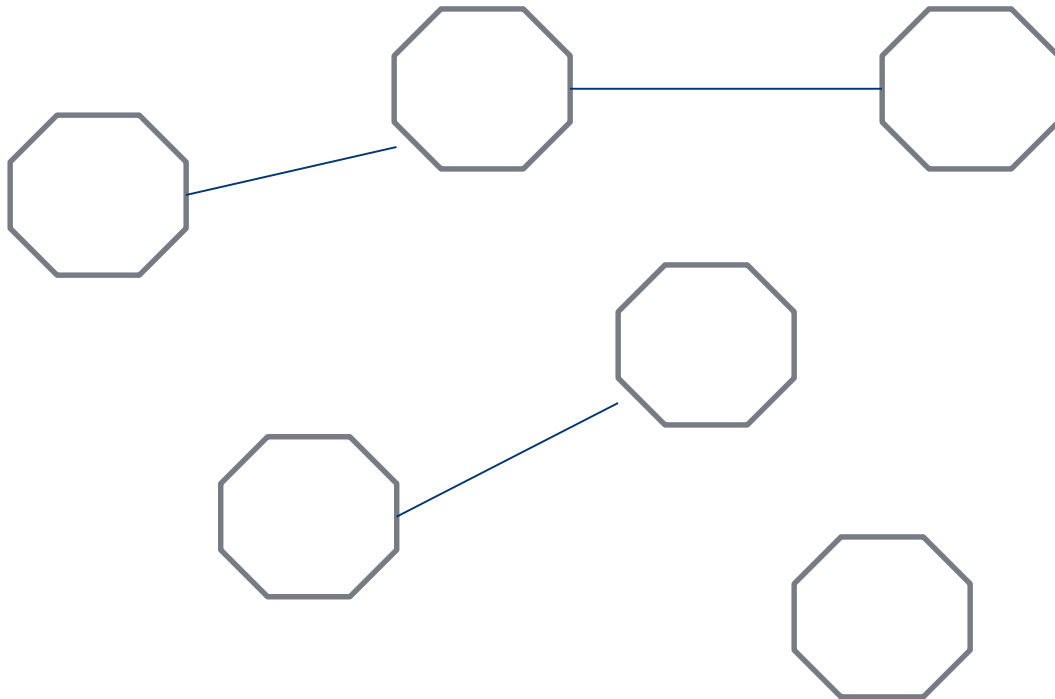


Capacity Inventory of Community

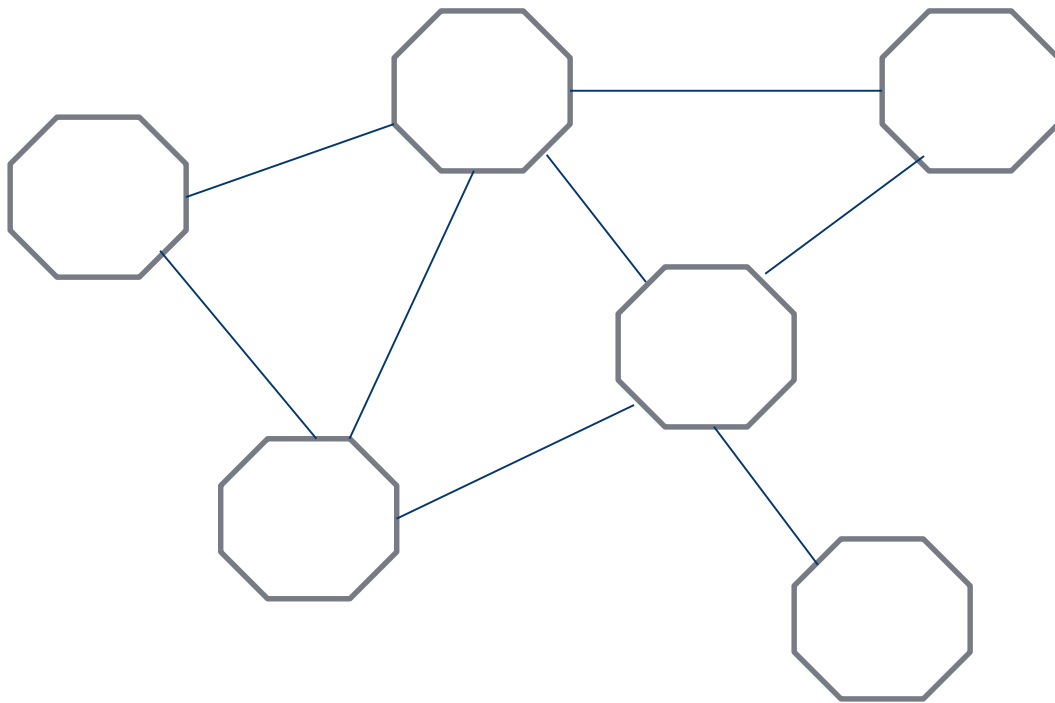
- Finding a Way – Laredo Humanitarian Relief Team in Action
 - Poster Presentation here at Westberg
- Create a Smile – Dental health program for uninsured children
- Community/church Garden -



When do you Utilize ABCD?



When do you Utilize ABCD?



Measuring Outcomes

Organization Name	Organization type	Organization address	Website	Phone Number	WN Contact Person
Alamo Comm Group	Community Based Organization	6100 NW Loop 410	CME@alamocommunitygroup.org	521-6035	Monica Garcia
CHCS In House Wellness Program	Community Based Organization	1 Haven for Hope Way	rmitchell@chcs.org		Rosalie Mitchell
Christian Senior Services	Community Based Organization			599-7405 X 303	Jamie Timmerman
Presbyterian Children's Homes & Services	Community Based Organization	6355 Whitby Rd		422-1841	Mair Molina
City of San Antonio Head Start	Institution/schools/government agencies/etc	1227 Brady Blve		475-2476	Chantelle Allen
University Health System at Ricardo Salinas	Institution/schools/government agencies/etc	630 General McMullen		210-436-0098	Norma , RN Supervisor



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Measuring Outcomes

Hours of operation	Eligibility	Main Service Provided	2nd service Provided	3rd service Provided	Other Services	Cost/Fees	Ages Served	Waiting List	Restrictions (e.g. serves ages 18-25)	Bus route	Funded Partner	Strength of the relationship	Notes
8:30-5p	2.5 X rent/evictions/broken leases	Veteran's Services	Housing		Case management	none	18 and up	No		y	No	Met with them once	
5-Aug		Mental Health	Housing	Medication Assistance	ID's	none	18 and up	No			No	Met with them once	
7:30-4:30	60 +	Food	Elder Care	Mental Health		depends on service	60 +	Yes	60 +		No	Met with them once	
8:30-5:30	single parent	Clothing	Housing	Parenting	Other	Based on income	18+	Yes		604,606	No	Met with them once	
7:45-5:30	income, homeless, foster, SSL, TANF	Literacy			connect family with resources	none	3-5 yrs	Yes			No	Met with them once	
8:00- 5:00pm	Uninsured, Carelink, Medicaid, CHIP	Health				Based on income	Infant- Child bearing women age	No	none	Yes	No	Met with them once	Working on collaborating a monthly Screening

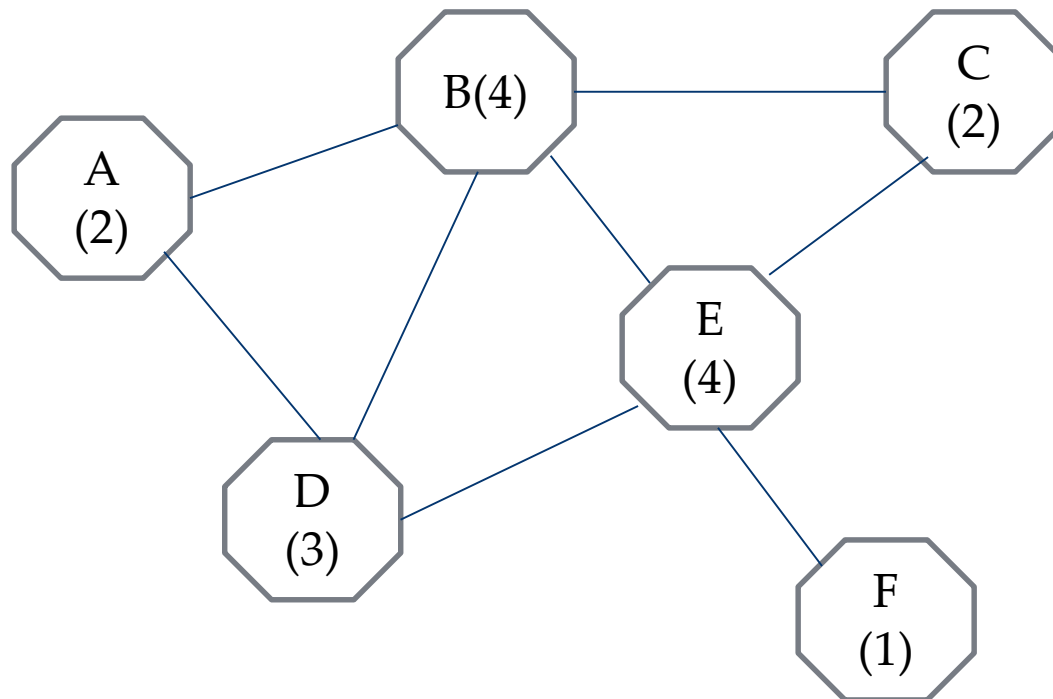


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Measuring Outcomes

Strength of relationship	count
Know them but I have no relationship with them	143
Met with them once	381
Met with them more than one time	333
Ongoing partnership or collaboration	753
TOTAL	1610
Funded Partner totals	199

When do you Utilize ABCD?



Let's Practice!



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Thoughts?

Questions?

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